

# Holy Family School Local Wellness Policy

## I. Purpose

The purpose of this policy is to develop healthy learners through a school environment that promotes and protects students' health, well being and ability to learn by supporting healthy eating and physical activity.

## II. General Statement of Policy

- A. Holy Family School recognizes that nutrition education and physical education are essential components of the educational process and that good health fosters student attendance and education.
- B. Holy Family School will involve students, parents, teachers, food service staff and community partners and industry experts in implementing, monitoring and reviewing our School Wellness Policy and Guidelines.
- C. The school environment will promote and protect students' health, well being and ability to learn by providing opportunities for healthy eating and physical activity.
- D. All students will have opportunities, support and encouragement to be physically active on a regular basis.
- E. The religious, ethnic and cultural diversity and food allergies of the student body will be respected in meal planning, nutrition education and physical activity; and school sites will provide clean, safe and pleasant settings with adequate time for students to eat.

## Kansas State Department of Education

### Child Wellness and Nutrition Services

### Holy Family School Wellness Policy

Steps to Login to Current Wellness Policy:

- [http://svvappcnw.ksde.org/CNWPortal\\_Web/SNP/SNP\\_Menu/SNP\\_Guidance\\_Wellness\\_Policies.htm](http://svvappcnw.ksde.org/CNWPortal_Web/SNP/SNP_Menu/SNP_Guidance_Wellness_Policies.htm)
- Choose View Kansas Schools' Wellness Policy Data
- User ID: Wellguest
- Password: Wellguest3
- Login
- School Nutrition Program (blue puzzle piece)
- Select Current School Year Dates by selecting the corresponding calendar year
- In the upper left hand corner of the page, select Applications
- Select Wellness Policy Builder
- Type either our sponsor number of X0711 or our name as Holy Family School and then choose X0711 Holy Family School
- You have arrived at our current wellness policy